## 2015 Tri-State Association 13/15, Jr & Sr Championships (Connecticut, Metropolitan, New Jersey) January 25, 2015 - Hamden, CT

Patricia Simell 369 Howard Drive Hamden, CT 06514 (203) 671-4623 pasaes@sbcglobal.net		
Hamden High School 2040 Dixwell Ave. Hamden, CT 06514		
13/15 – Duet, Solo, Combo, Team Jr – Duet, Solo, Combo, Team Sr – Duet, Solo, Combo, Team		
13/15 AG Figures (Compulsory only)		
		2.8
301e	Barracuda Spinning 360	2.2
<b>Junior Figur</b> 308 355g	es (Compulsory only-for both Jr & Barracuda Airborne Split Porpoise Twist Spin	<b>Sr)</b> 2.8 2.8
Assigned by Team – look for signs		
Back hallway outside the locker rooms – look for signs		
Registration Coaches/Officials Meeting on Deck Lap Swim (15min) Figure warm-up Figure Competition competition in the following order:		
	369 Howard I Hamden, CT (203) 671-462 pasaes@sbcgl Hamden High 2040 Dixwell Hamden, CT 13/15 – Duet, Sol Sr – Duet, Sol Sr – Duet, Sol 13/15 AG Fig 423 301e Junior Figur 308 355g Assigned by T Back hallway Registration Coaches/Offic Lap Swim (15) Figure warm- Figure Compe- competition in the solution of the solution competition in the solution	<ul> <li>369 Howard Drive Hamden, CT 06514 (203) 671-4623 pasaes@sbcglobal.net</li> <li>Hamden High School 2040 Dixwell Ave. Hamden, CT 06514</li> <li>13/15 – Duet, Solo, Combo, Team Jr – Duet, Solo, Combo, Team</li> <li>13/15 AG Figures (Compulsory only) 423 Ariana</li> <li>301e Barracuda Spinning 360</li> <li>Junior Figures (Compulsory only-for both Jr &amp; 308 Barracuda Airborne Split 355g Porpoise Twist Spin</li> <li>Assigned by Team – look for signs</li> <li>Back hallway outside the locker rooms – look for si</li> <li>Registration Coaches/Officials Meeting on Deck Lap Swim (15min) Figure warm-up Figure Competition</li> <li><i>competition in the following order:</i></li> </ul>

Awards

## **Tri-State Association**

## 13/15 Age Group, Jr & Sr Championships Sunday, January 25, 2015

8:00		Doors Open
8:30		Coaches & Officials Meeting (on deck)
8:45	9:00	Lap Swim
9:00	9:15	Warm Up - 13/15 AG Figures
9:15	9:30	Warm Up - Jr Figures
9:40	10:25	13/15 Figure Competition (43)
10:40	11:40	Jr Figure Competition (45)
11:40	12:00	Break
12:00	12:15	13/15 Duet Warm Up (5)
12:15	12:30	Jr Duet Warm Up (6)
12:35	1:15	Duet Competition
1:20	1:35	13/15, Jr & Sr Solo Warm Up (3, 6, 2)
1:40	2:15	Solo Competition
2:20	2:50	13/15 & Jr Combo Spacing (3, 4)
2:55	3:30	Combo Competition
3:35	4:05	13/15 & Jr Team Spacing (3, 5)
0.00		
4:10	4:45	Team Competition

Awards will begin when locker rooms are clean