

HERONETTE FIGURE MEET & HOLIDAY PARTY

SATURDAY, DECEMBER 17th 2012

Practice starts @ 10am – Meet will begin at 11:30am

Athletes: uniform required – black suit, white HHC t-shirt, windsuit,
(pack HHC shorts, sandals, towel, white cap, goggles, nose clips)

Judges: uniform required - black bottoms & white tops

We will need 6 parent volunteers to record scores

Intermediate & 11/12 Age Group Figures

101 _{R/L}	Ballet Leg, Single, Right or Left	1.6
360	Walkover, front	2.1
344	Neptunus	1.8
301	Barracuda	2.0

Jr/Sr Figures

313	Kip, split, closing 180	2.4
112f	Ibis, continuous spin 720	2.8
355b	Porpoise Full Twist	2.5
150	Knight	3.1

Our Holiday Party will take place right after the meet

Please bring a wrapped gift for your Secret Swimmer Gift Exchange (approx. \$10)

An email was generated regarding snacks & drinks for our party



WISHING YOU HAPPY & HEALTHY HOLIDAYS