

Hamden Heronettes Meet Schedule 2016-2017

DATE	EVENT	LOCATION	QUALIFICATION
November 11-13, 2016	Lake Placid Clinic	Lake Placid Olympic Training Center, Lake Placid, NY	Coaches will select swimmers to attend.
December 3-4, 2016	Silver Clinic	Owego, NY	Coaches will select swimmers to attend.
January 7, 2017 (snow date January 14, 2017)	Figure Meet & Holiday Party	Hamden, CT	Entire Team
January 28-29, 2017	13/15-JR-SR Connecticut Association	New Canaan, CT	Qualified 13/O AG Swimmers YOB 2002 or earlier
February 10-12, 2017 Feb.17-19, 2017 (snow dates)	East Zone 13-15 Age Group Championships	Hamden, CT	13/15's Only YOB 2002-2004
March 3-5, 2017	East Zone Invitational	Tonawanda, NY and Norton, MA	All Intermediate and 12 & Under Age Group routines Qualified 13 & over routines
March 10-12, 2017 March 17-19, 2017(snow dates)	Jr/Sr East Zone Championships	Hamden, CT (hosted by New Canaan Aquianas)	Juniors (Open) YOB 1999-2002 Seniors (Open) YOB 2002 or earlier
April 4-9, 2017	US National Championships	Oro Valley Arizona	Qualified Swimmers*
April 29-30, 2017	CT Association Championships	Hamden, CT	All Competitive Routines
May 19-21, 2017	Region A Championships	Hamden, CT	Routines that placed 1 st , 2 nd , or 3 rd at CT Association Championships (4 th place may swim as honorary)
June 2-4, 2017	East Zone Intermediate & 12 & U AG Championships & 13 & Over Routine Only Open	Buffalo, NY	-Intermediate and 12/U AG Teams – open qualification -Intermediate and 12/U AG solos, duets & trios that placed 1 st , 2 nd , and 3 rd at Region A Championships -Qualified 13/O AG routines

Hamden Heronettes Meet Schedule 2016-2017

June, 2017	Annual Heronettes Banquet	Hamden	Entire Team
June 9-10, 2017 or June 16-17, 2017	Hamden Heronettes Watershow	Hamden, CT	Entire Team
June 30-July 8, 2017	2015 US Jr. Olympics (National AG Championships)	Riverside, CA	-AG Duets, Teams and Combos that placed 1 st , 2 nd or 3 rd at Region A Championships -AG Solos that placed 1 st or 2 nd at Region A Championships

- ASSOCIATION** Connecticut= Hamden, New Canaan
- REGION A** Adirondack= Albany, NY & Binghamton, NY
Connecticut= Hamden & New Canaan
- EAST ZONE** Region A= Adirondack, Connecticut
Region B=Metropolitan, Middle Atlantic, New Jersey
Region C=Allegheny, Lake Erie, Niagara
Region D= New England
- NATIONAL** East Zone, West Zone, North Zone, South Zone

*Qualification to US Nationals is as follows this year:

- Passing Grade Level 4 (must pass by March 4th - 30 days prior to the start of the meet)
- 13/15 Nationals Qualification occurs at 13/15 East Zone Championships in February
 - 13/15 solo - top 7
 - 13/15 duet - top 6
 - 13/15 team – top 7
- Junior Nationals Qualification occurs at the Junior East Zone Championships in March
 - Junior solo - top 8
 - Junior duet - top 9
 - Junior team - top 8