

**2011 Tri-State Associations
Jr & Sr Championships**
(Connecticut, Metropolitan, New Jersey)
January 30th – Hamden, CT

MEET MANAGER: Marisa D'Amico
6224 Town Walk Drive
Hamden, CT 06518
(203) 507-3561
mdamico@heronettes.org

VENUE: Hamden High School
2040 Dixwell Ave.
Hamden, CT 06514

RULES TO GOVERN: 2011 Official USSS Rules
2010-2011 East Zone Synchronized Swimming Rules

EVENTS: Jr – Trio, Duet, Solo, Team
Sr – Trio, Duet, Solo, Team

ENTRIES & FEES: Club Entry Form A
Please use 1 form for Jr & 1 form for Sr
Form B – Entry & Sponsor Fee Summary
Entry Fee: \$ 7.00 per athlete per routine
Sponsor Fee: \$10.00 per athlete
Form E – Officials Availability
Please include membership summary from usasynchro.org
Please send one check payable to: *Hamden Heronettes*

ENTRY DEADLINE: Saturday, January 15, 2011
Use Postal Form #3817 to validate

MAIL FORMS A, B, E, PAYMENT AND MEMBERSHIP SUMMARY TO MEET MANAGER:
Marisa D'Amico
6224 Town Walk Drive
Hamden, CT 06518

EMAIL FORM A TO SCORER:
Nancy Samela
nsamela@dnb.com

EMAIL FORM E TO OFFICIALS CHAIR:
Krista Bessinger
kbessinger@newcanaanymca.org

FIGURES:	Junior Figures (for both Jr & Sr)	
	313 Kip Split Closing 180	2.5
	112f Ibis Continous Spin	2.8
	336 Gaviata Open 180	2.8
	436 Cyclone	2.6

SOUND SYSTEM: Superscope PAC770 CD/Cassette Amplifier
Aquasonic AC339 Underwater Speaker

COMPETITIVE POOL: Length 25 yds – Width – 6 lanes – 12 ft deep/4 ft shallow

AWARDS: Medals for places 1-3 & Ribbons for places 4-8 in each event

OFFICIALS: Navy blue bottom w/white top for all events
No jeans, please

PROGRAM: Available for purchase at the meet

CLUB BANNERS: Hand in at Registration

LOCKER ROOMS: Assigned by Team – look for signs

GEL STATION: Back hallway outside the locker rooms – look for signs

FOOD: Concessions will be provided by the
Hamden Heronettes Parents Association
throughout the meet
No Food/Drink (other than water) Allowed in Pool Area

DIRECTIONS TO THE POOL – HAMDEN HIGH SCHOOL:

Take CT-15/Wilbur Cross Parkway North
Exit 60
Turn left at the bottom of the ramp
At 2nd light, turn left into the school
Bear right around the building – enter on back side of the school

Parking is available along the fence on the back side of the school and on both sides of the school.

SCHEDULE:

Doors open @ 8am Registration
8:30am Coaches/Officials Meeting on Deck
8:45am Lap Swim (10min)
9:00am Figure warm-up
9:30am Figure Competition

All routine events will run Jr followed by Sr

Trio
Duet
Solo
Team
Awards

Once all entries are received a final schedule will follow.

FORM B: ENTRY and SPONSOR FEE SUMMARY

Club _____ Club Code _____

Person completing form: _____

Phone: _____

Email: _____

SOLOS

of solos _____ x \$7 = \$ _____

DUETS

of duets _____ x 2 = _____ x \$7 = \$ _____

TRIOS

of trios _____ x 3 = _____ x \$7 = \$ _____

TEAMS

of teams _____ x # of swimmers _____ x \$7 = \$ _____

ALTERNATES

Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee.

of alternates only _____ x \$7 = \$ _____

TOTAL ENTRY FEE = \$ _____

SPONSOR FEE

of Competitors entered (including alternates)
_____ (number) x \$10

TOTAL SPONSOR FEE = \$ _____

Total Entry Fee + Sponsor Fee = \$ _____

*Make check payable to: **Hamden Heronettes***

Mail all forms
and check to:

Marisa D'Amico
6224 Town Walk Drive
Hamden, CT 06518

FORM E: OFFICIALS AVAILABILITY

Club Name: _____

Association: _____

NAME	RATING	Sunday AM	Sunday PM

Please note specifically any events you will not be available for.

Email form to: kbessinger@newcanaanymca.org

We no longer use Figure or Routine sheets at National meets. We will, instead, use the Club Entry Form as the meet entry.

DIRECTIONS FOR USE

Fill in the **Club Name**, **Code** and **Meet Name** on ALL Club Entry Forms sent. At the bottom of the form, the Team Contact(s) only need to be filled in on the first of the Club Entry Forms.

The **Athlete Name** (first, then last) **MUST** be legible (this is how the swimmers will be entered into the computer/meet). The **Registration Number** and **Birth Year** are unchanged (self-explanatory).

The Figure Group means the age of the youngest routine the swimmer is competing in. Example:

a) If swimmer is 11 years old but swims in a 12-13 Team **ONLY**, the swimmer should do 12-13 Figures for any award placement. The swimmer will not place in the 11 and Under Figure results. Therefore, "12-13" is the age placed in the **Figure Group** column.

b) If a swimmer swims a 12-13 Routine and a 14-15 Routine, with **DIFFERENT** Figures, the swimmer **MUST** do Figures in 12-13 and also 14-15. The swimmer will be eligible for an award in 12-13 Figures and place as an Honorary in the 14-15 Figure results. Therefore, the swimmer would have "12-13" in the **Figure Group** column and *also* "14-15H". (You may also just place a "12" or "14H" in the column if not enough room.)

The **Routine** columns (Solo, Duet, Trio and Team) are divided into **Number (#)** and **Group Name**.

The **Solo** column **Number (#)** indicates entry in that set of routines ("1", "2", "3", etc.). This equals, at the bottom, the total number of Solos entered in that meet. The **Group Name** indicates the age of that Routine ("12-13" or "12", "14-15" or "14", etc.).

In the **Duet**, **Trio** and **Team** columns, the **Number (#)** indicates entry in that set of Routines. However, it differs from the Solos in that the swimmers, swimming with each other, **MUST** have corresponding numbers (including any alternate). If Susie Q is swimming with Emma Lou, and Gertrude is the alternate, then all 3 swimmers **MUST** have the same number, with Gertrude having alternate ("Alt.") indicated in the column by their names as well as the number ("1", "1", "1 Alt."). Again, the **Group Name**, or age group in this example, is the age of the oldest swimmer swimming the routine ("12-13" or "12", "14-15" or "14", etc.).

In the **Comments** section, enter any necessary information, such as where/when qualified & score (if not on pre-qualified list), swimmer **ONLY** entering for Trials (Figures only), etc.

If using this form where seeding of swimmers is involved, simply place an "S" in the Number (#) column after the number and also make a comment in the Comments section.

At the bottom of the page, please write in the **Total** number of Routines/Figure competitors so the person entering your club into the meet will have a quick double-check that all swimmers have been entered.

At Registration for the meet, you will need to check the Club Summary Form immediately for any discrepancies, so changes may be made **BEFORE** the meet begins.

Samples of the Club Entry Form have been forwarded to all clubs with the 2000 Pre-Meet information. This form and instructions are also available on-line in MS Word '97 PC format at www.usasynchro.org, click on "Synchro Resources", then "Forms". (Feel free to type onto the form, but please do not alter the layout of the form.)

Please look over this form and familiarize yourself with it. We hope that by eliminating Figure & Routine sheets, plus the previous Forms A & B from the Final Meet Announcement, that we will streamline the entry process and save a few trees along the way. **Any questions? Call your zone scoring chairperson or National Scoring Chairperson Jackie McDaniel at (619) 464-737**

