

# Hamden Heronettes Training Team Calendar

Coach Anna Montgomery 203 535-4520

| January 2010  |  |         |                   |          |        |          |
|---|--|---------|-------------------|----------|--------|----------|
| Sunday  | Monday   | Tuesday | Wednesday         | Thursday | Friday | Saturday |
|   |  |         |                   |          | 1      | 2        |
| 3   | 4<br>5:30-7:00pm   | 5       | 6<br>6:00-7:30pm  | 7        | 8      | 9        |
| 10  | 11<br>5:30-7:00pm  | 12      | 13<br>6:00-7:30pm | 14       | 15     | 16       |
| 17  | 18<br><b>Martin Luther<br/>King Jr. Day</b><br><br>NO PRACTICE | 19      | 20<br>6:00-7:30pm | 21       | 22     | 23       |
| 24  | 25<br>5:30-7:00pm  | 26      | 27<br>6:00-7:30pm | 28       | 29     | 30       |
| 31<br>JR./SR.<br>ASSOCIATION<br>MEET<br>HOSTED BY<br>HAMDEN |  |         |                   |          |        |          |

# Hamden Heronettes Training Team Calendar

Coach Anna Montgomery 203 535-4520

| February 2010 |   |         |                   |          |        |          |
|---------------|---|---------|-------------------|----------|--------|----------|
| Sunday        | Monday  | Tuesday | Wednesday         | Thursday | Friday | Saturday |
|               | 1<br>5:30-7:00pm                                      | 2       | 3<br>6:00-7:30pm  | 4        | 5      | 6        |
| 7             | 8<br>5:30-7:00pm                                      | 9       | 10<br>6:00-7:30pm | 11       | 12     | 13       |
| 14            | 15<br><b>Washington's<br/>Birthday</b><br>NO PRACTICE | 16      | 17<br>6:00-7:30pm | 18       | 19     | 20       |
| 21            | 22<br>5:30-7:00pm                                     | 23      | 24<br>6:00-7:30pm | 25       | 26     | 27       |
| 28            |   |         |                   |          |        |          |

