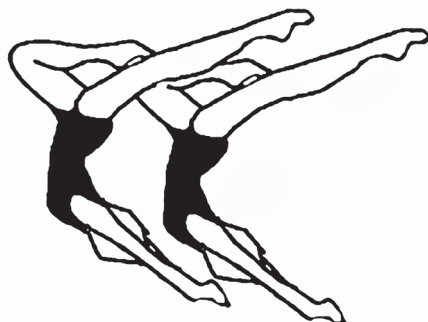


# Hamden Heronettes Synchronized Swimming Clinic

Sponsored by the Hamden Parks & Recreation

## The Hamden Heronettes Synchronized Swim Team



WOULD LIKE TO INVITE ALL STUDENTS AGE 7 AND OLDER TO TRY THE  
OLYMPIC SPORT OF SYNCHRONIZED SWIMMING FOR A 10 SESSION CLINIC  
(YOU MUST BE ABLE TO SWIM THE LENGTH OF THE POOL - 25 YDS)

- \* Clinics will be held at the Hamden High School Pool
- \* Mondays - 6-7pm & Wednesdays - 6:30-7:30pm
  - \* Session 1: February 8, 10, 17, 22, 24 & March 1, 3, 8, 10, 15
  - \* Session 2: March 22, 24, 29, 31 & April 5, 7, 12, 14, 19, 21
- \* Cost- \$135.00 per session

During registration, for your pleasure, the Hamden Heronettes will perform a short exhibition.

Sign Ups will be held at the Hamden High School Pool  
Wednesday, February 3<sup>rd</sup>, 2010  
6:00-7:30pm

For more information or questions: Call Karen Collett - 248-5337 OR  
Teena Marie Griggs - 230-1365

Visit our website at [www.heronettes.org](http://www.heronettes.org)