

Can't stay out of the pool?

Come try a team sport that combines strength with imagination!

Synchronized Swimming

with the

Hamden Heronettes Synchronized Swimming Team

Ages 7 & up!

**First Session is
FREE! No
obligation**



**All New Haven
& Fairfield County
swimmers
welcome!**

**Hamden High School Pool
Begins Monday, January 9th**

Monday and Wednesday 5:45 to 6:45 PM

January 9, 11, 18, 23, 25, 30, February 1, 6, 8 & 13

10 Sessions \$135

**You must be able to swim
the length of the pool (25 yds)**

Clinics ongoing all year!

For more information please contact:

www.heronettes.org

Tel: 203-507-3561

email: info@heronettes.org

