

EAST ZONE SYNCHRO
Regions / Associations / Teams

	A	B	C	D	F
1	EAST ZONE Regions / Associations / Teams				
2					
3	REGION A				
4	Association	Club Name	Club Rep	Email	Website
5	Adirondack (03)	BGC Gaviatas	Diana Lenzo	didozo@juno.com	
6	Adirondack (03)	Boys & Girls Club of Schenectady Seals	Kristen Cote	sealssynchro@nycap.rr.com	
7	Adirondack (03)	Capital District YMCA Sculpins	Betsy McGeoch	betsy@sculpins.org	
8	Adirondack (03)	Capital District YMCA Sculpin Masters	Tracy Neitzel	tneitzel@nycap.rr.com	
9					
10	Connecticut (05)	Hamden Heronettes	Marisa D'Amico	mdamico@heronettes.org	http://www.heronettes
11	Connecticut (05)	New Canaan Aquinas	Carol Valles	cvallesnca@aol.com	
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14	REGION B				
15	Association	Club Name	Club Rep	Email	Website
16	Metropolitan (06)	East End Synchro Swans	Meg Preiss	swanscoach@optonline.net	
17	Metropolitan (06)	Gotham Synchro	Rowena Dale Mohammed	gothamsynchro@gmail.com	
18	Metropolitan (06)	Long Island Synchronized Swim Team	Sheila Wright	wrightsync@aol.com	
19	Metropolitan (06)	Ramapo Aqua Masters	Beth Carey	synchdrum@optonline.net	
20	Metropolitan (06)	Synchro-Cranes	Dorothy Linder Mitchell	djl779@yahoo.com	
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22	New Jersey (07)	Westfield Aquaducks	Kate Matusiak	matusiak7@hotmail.com	
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24	Middle Atlantic (08)	Cumberland Valley Spiralettes	Brenda Kline	brendak@psu.edu	
25	Middle Atlantic (08)	Freedom Valley	Jennifer McNamar Hatt	jenmachatt@verizon.net	
26	Middle Atlantic (08)	Penn State Synchro	Carin Segal	cas488@psu.edu	
27	Middle Atlantic (08)	Pennsbury Falconettes	Blanche Van Dalen	bettyhess@verizon.net	
28	Middle Atlantic (08)	York Synchro-ettes	Ginny Lehr	syncnsew@comcast.net	
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30	Maryland (09)				
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33	REGION C				
34	Association	Club Name	Club Rep	Email	Website
35	Niagara (04)	Buffalo Swimkins	Mary Ellen Wiegand	maryewiegand@verizon.net	
36	Niagara (04)	Canisius College	Jill Wright	emailjow@yahoo.com	
37	Niagara (04)	Central NY Diamonds	Kathy Saunders	k Saunders28@stny.rr.com	
38	Niagara (04)	Keuka Kokanees	Vivian Wachob	jwachob001@rochester.rr.com	
39	Niagara (04)	Rochester Dolphins	Elaine Morgillo	emm1170@yahoo.com	
40	Niagara (04)	Town of Tonawanda Aquettes	Karen Alvarez	dkalvarez9@aol.com	
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42	Allegheny Mountain (11)	Shenango Valley Mermaids	Jenna Flint-McBriar	svmermaids@aol.com	
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44	Lake Erie (18)	Brecksville Blue Dolphins	Kim Kohut	h2ophilia@hotmail.com	
45	Lake Erie (18)	CCS Tailspinners	Lisa Edie	EDIEGIRLS4@yahoo.com	
46	Lake Erie (18)	Double Duo Dolphinettes	Dede Duell	dede_duell@msn.com	
47	Lake Erie (18)	Painesville Cygnets	Erica Lybeck	cygnets50@hotmail.com	
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50	REGION D				
51	Association	Club Name	Club Rep	Email	Website
52	New England (02)	ANA Synchers	Svetlana Malinovskaya	smalinovskaya@mvymca.org	
53	New England (02)	Aqua Divas	Tatiana Snegour	asnegour@comcast.net	
54	New England (02)	Boston University	Eugenia Gillan	eugeniagillan@yahoo.com	
55	New England (02)	Cambridge Synchro	Devin Kaufmann-Rozansky	devinwk@yahoo.com	
56	New England (02)	Greater Manchester Catalinas	Liana Thomas	synchroladyLT@gmail.com	
57	New England (02)	New Hampshire Aquamarines	Alyssa April	aapril@bgcn.com	
58	New England (02)	North Shore YMCA Selkies	Becky Bascomb	rbascom@verizon.net	
59	New England (02)	Sequined Seahorses	Amy Hicks	seahorsesSSH@msn.com	
60	New England (02)	Synchro-maids of Central Mass	Patty Flanagan	pflanagan@ywcaworcester.org	
61	New England (02)	Wheaton College	Rebecca Story	story_rebecca@wheatonma.edu	
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