

## **East Zone Athlete Award Nomination Form**

- Nominations can be submitted by any USSS East Zone member.
- The athlete nominee must be at least 14 years old in terms of her competitive age and current member of USSS.
- Please feel free to submit a written statement in addition to this nomination form.

Nominations are due on or before: **Friday, February 17, 2012**

Please submit this form to Samantha Derrick:

- I will not be at the Jr. Zone Championship please submit electronically: [saderrick@hotmail.com](mailto:saderrick@hotmail.com)

**Describe how the athlete is a positive role model for all athletes?**

**How specifically does the athlete demonstrate leadership and service in both the sport of synchronized swimming and her community?**

**Please identify any academic achievements, special programs, awards that the athlete has accomplished; in order to be considered for the award, the athletes GPA should be equivalent to 90 or better.**

**How specifically does the athlete work to achieve individual and team goals?**

**Please list any contributions the athlete has made to her club, association or zone.**