

East Zone Contributor Award Nomination Form

Nominations can be submitted by any USSS East Zone member.

The nominee must be a current USSS member.

The nominee must have been involved in synchronizes swimming for at least ten years.

Please feel free to submit a written statement in addition to this nomination form.

Nominations are due by **Friday, February 12th, 2010**; please submit your nomination to Jen Houlihan (mjhoulihan721@aol.com).

How has the nominee demonstrated a vested interest in synchronized swimming in both the zone and nationwide?

Please provide examples of how the nominee developed and continues to carry out a program that benefits athletes and the sport as a whole.

Please provide examples of how the nominee's time, support, care, friendship, and dedication have developed the entire synchronized swimming community.

Please describe the personal character traits and values that render the nominee a positive role model.