

HAMDEN HERONETTES 2010 MEET SCHEDULE

18/19 Age Group Team

| <u>DATE</u> | <u>EVENT</u> | <u>VENUE</u> |
|--------------------------|---|----------------------------|
| September 16 - 20, 2009 | US Aquatics Convention Teena, Samm, Liz | Rosemont, IL |
| October 30 - Nov 1, 2009 | Lake Placid Clinic Hannah, Renee, Caitlin, April (w/scores) | OTC - Lake Placid, NY |
| December 4 - 6, 2009 | East Zone Gold Clinic Emma, Samm, Liz (figure ranking from Sr Zone 2009) | New Canaan, CT |
| December 19, 2009 | Figure Meet & Holiday Party | Hamden |
| January 23 & 24, 2010 | East Zone Silver Clinic **athletes selected by coaches** | Albany, NY |
| January 30 or 31, 2010 | Jr/Sr Association | Hamden |
| February 12 - 14, 2010 | East Zone Jr Championships Team & small routines w/scores | Westfield, NJ |
| March 5 - 7, 2010 | East Zone Sr Championships Team & small routines w/scores | Albany, NY |
| March 24 - 28, 2010 | US Jr National Championships *athletes w/scores* | Austin, TX |
| April 24 & 25, 2010 | Association Qualifier | Hamden |
| ?April 30 & May 1, 2010? | 40th Anniversary Water Show | Hamden |
| May 14 - 16, 2010 | Region A Championships | New Canaan, CT |
| June 5 & 6, 2010 | East Zone Intermediate/Age Group Championships *some 13/15's, depending on Jr & Sr Zone placement* | Hamden |
| June 10, 2010 | Annual Team Banquet | Eli's on Whitney Hamden |
| June 24 - July 5, 2010 | Esynchro Nat'l Age Group Championships | Tonawanda, NY |
| July 14 - 18, 2010 | US Jr & Sr Opens *selected by coaches - athletes w/scores* | Irving, TX |

| Association | Region A | East Zone |
|---|---|---|
| Connecticut = Hamden, New Canaan | Adirondack = Albany, NY & Binghamton, NY | Region A |
| | Connecticut = Hamden, New Canaan | Region B = Metropolitan, Middle Atlantic, New Jersey |
| | New England = Worcester, MA, Andover, MA, Nashua, NH | Region C = Allegheny, Lake Erie, Niagara |