

Hamden Heronettes Synchronized Swimming

Anna 203-535-4520 Melissa 203-980-1750 Ray 203-667-8909 Caitlin 203-687-1296 Jieyoni 203-676-2526 Caiti 203-605-1386 Jayme 203-214-8974 Patty 203-671-4623

October 2015

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 Age Group Swimmers 6:00-9:00	2	3 Age Group Swimmers 9:00-1:30 Intermediates 11:00-12:30 Parent Meeting 10am
4	5 Training Team 5:00-6:30 Intermediates 5:00-7:00	6 Age Group Swimmers 6:00-9:00	7 Training Team 5:00-6:30 Intermediates 5:00-7:00	8 Age Group Swimmers 6:00-9:00	9	10 Age Group Swimmers 9:00-1:30 Intermediates 11:00-12:30
11	12 Columbus Day No Practice	13 Age Group Swimmers 6:00-9:00 HHS Swim Meet Pool Time @ 7:45	14 Training Team 5:00-6:30 Intermediates 5:00-7:00	15 Age Group Swimmers 6:00-9:00	16	17 Age Group Swimmers 9:00-1:30 Intermediates 11:00-12:30 <i>Lyman pie order due</i>
18	19 Training Team 5:00-6:30 Intermediates 5:00-7:00	20 Age Group Swimmers 6:00-9:00	21 Training Team 5:00-6:30 Intermediates 5:00-7:00	22 Age Group Swimmers 6:00-9:00	23	24 Age Group Swimmers 9:00-1:30 Intermediates 11:00-12:30
25	26 Training Team 5:00-6:30 Intermediates 5:00-7:00	27 Age Group Swimmers 6:00-9:00 HHS Swim Meet Pool Time @ 7:45	28 Training Team 5:00-6:30 Intermediates 5:00-7:00	29 Age Group Swimmers 6:00-9:00 HHS Swim Meet Pool Time @ 7:45	30	31 Age Group Swimmers 9:00-1:30 Intermediates 11:00-12:30