

13-15 AG East Zone Championship

February 21-22, 2015 Schenectady, NY
Final Meet Announcement

SPONSORED BY	Sculpins Synchro		
SANCTIONED BY	United States Synchronized Swimming		
RULES TO GOVERN	United States Synchronized Swimming 2015 Official Rules East Zone Synchronized Swimming Handbook		
FACILITY	Schenectady High School Pat Riley Sports Center, 1145 The Plaza, Schenectady, NY 12308		
POOL SPECS	Length: 25 yards Width: 62 feet (8 lanes) Depth: 11.5 feet w/gradual slope shallow to 3.5 feet		
HOST HOTEL	Holiday Inn (Turf Inn) \$108/night 205 Wolf Road Block: "13-15 East Zone Championship" Albany, NY 12205 (518) 458-7250 or (888) 465-4329		
ELIGIBILITY	1. Must be a registered USSS athlete. 2. Open to ALL athletes between the ages of 13-15		
EVENTS	Solo, Duet, Team, Combo and Figures		
FIGURES	Compulsory Figures are listed below. Remaining figures will be announced 18-72 hours prior to the competition.		
	423	Ariana	DD 2.2
	301 e	Barracuda Spinning 360 ^o	DD 2.2
AWARDS	Medals will be given for places 1-3, Ribbons 4-12 in each event		

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TENTATIVE SCHEDULE

Based on meet entries, the Meet Host, in consultation with the Tech and Scoring Chair, may adjust the schedule, including changing the day of scheduled events. We will adjust the schedule as soon as we get the entries counted and will notify you.

Saturday, February 21st

8:00 am	Doors Open
8:00 – 8:30	Registration
8:30 – 8:45	Coaches and Officials Meeting at the Sound Table
8:45 – 9:00	Lap Swim
9:00-9:30	Figure Warm-up (<i>Coaches—divide team in half for 2 x 15 minute warm-ups</i>)
9:30-11:45	Figure Competition (145)

Events will move up if and when possible.

Lunch Break 11:45 – 12:15

12:15 – 12:30	Team Lap Swim
12:30 – 12:45	Team Spacing (1-6)
12:45 – 1:00	Team Spacing (6-11)
1:00 – 1:15	Team Spacing (12-16)
1:15 – 2:30	Team Competition
2:30 – 2:45	Duet Warm-ups (<i>1-18</i>)
2:45 – 4:00	Duet Competition Flight 1 (1-18)
4:00 – 4:15	Duet Warm-ups (<i>19-36</i>)
4:15 – 5:30	Duet Competition Flight 2 (19-36)
5:30 – 5:45	Solo Warm-ups
5:45 – 7:00	Solo Competition (25)

Sunday, February 22nd, 2015

8:00 am	Doors Open
8:15-8:30	Public draw
8:30 – 8:45	Lap Swim for solo and duet finalists
8:45 – 9:00	Duet Warm-ups
9:00 – 9:15	Solo Warm-ups
9:15 – 10:15	Duet Finals
10:15 – 11:15	Solo Finals
11:15 – 11:30	Lap Swim
11:30 – 12:00	Team Spacing
12:00 – 1:00	Team Finals
1:00 – 1:30	Combo Spacing
1:30 – 2:30	Combo Finals

AWARDS IMMEDIATELY FOLLOWING