**2015 East Zone Age Group Invitational**

**March 20-22, 2015 Yonkers, NY**

**Final Meet Announcement**

**SPONSORED BY** Gotham Synchro

**SANCTIONED BY** United States Synchronized Swimming

**RULES TO GOVERN** United States Synchronized Swimming 2015 Official Rules

East Zone Synchronized Swimming Handbook

**MEET MANAGERS** Ida Calumpang Rowena Dale Mohammed

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(917) 719 0089 (860) 5- GOTHAM (546-8426)  
 4030 B Wilder Avenue  
 Bronx, NY 10466

**FACILITY** **Mark Twain Pool at Yonkers Montessori Academy**160 Woodlawn Avenue, Yonkers, NY 10704

**POOL SPECS** Length: 25 yards

Width: 20 Yards (8 lanes)   
Depth: 12 feet to 4 feet, Distance to water level 7”

Entry: Deep end, starting blocks and two diving boards.

Spectator seating: in balcony on the left and standing room in balcony on shallow end

**HOST HOTEL Hampton Inn and Suites Yonkers** $119 or $139/night

160 Corporate Blvd

Block: “EZ1”

Yonkers, NY 10701

Website: <http://www.hamptoninnyonkers.com/>

**FIGURES** Compulsory Figures are listed below. Remaining figures will be announced 18-72 hours prior to the competition.

**Intermediate/ 12& Under AG Figures**

101 Ballet Leg, Single DD 1.6

301 Barracuda Spinning 360º DD 2.0

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**TENTATIVE SCHEDULE**

Based on meet entries, the Meet Host, in consultation with the Tech and Scoring Chair, may adjust the schedule, including changing the day of scheduled events. We will adjust the schedule as soon as we get the entries counted and will notify you.

**Fri, March 20tj 4:00 pm** Doors Open – Registration

**4:30 pm** Coaches Meeting

**4:30 pm** Intermediate Solo

**6:15 pm** Intermediate Trio Competitions

**Sat, March 21st 7:00 am** Doors Open

**7:30 am** Coaches Meeting

**7:30 am** Intermediate Duet

**10:25 am** Intermediate and 12&U AG Figures Flight 1

**12:10 pm** Intermediate and 12&U AG Figures Flight 2

**2:15 pm** Intermediate Team Competitions

**5:15 pm** Intermediate awards

**Sun, March 22nd 7:30 am** Doors Open - Registration

**7:45 am** Coaches Meeting

**7:45 am** 13 – 15 AG Figures

**9:10 am** AG Duets

**10:45 pm** AG Solos

**1:45 pm** AG Teams

**3:00 pm** AG Awards