

Hamden Heronettes Synchronized Swimming

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January 2016

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1	2 Age Group Teams 9:00-1:30 Intermediates 11:00-12:30
3	4 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30 <i>HHS Swim Meet</i> <i>Pool time @ 6pm</i>	5 Age Group Teams 6:00-9:00	6 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30	7 13/15 AG Team 5:30-8:30 18/19 AG Team 6:00-9:00	8	9 Figure Meet & Holiday Party Begins @ 12:00 Age Group Teams Practice at 9:00 Intermediate & TT Practice at 11:00 <i>Parent Meeting at 10:15</i>
10	11 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30	12 Age Group Teams 6:00-9:00 <i>HHS Swim Meet</i> <i>Pool time @ 7:45</i>	13 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30	14 13/15 AG Team 5:30-8:30 18/19 AG Team 6:00-9:00	15	16 Age Group Teams 9:00-1:30 Intermediates 11:00- 12:30
17	18 Martin Luther King Holiday No Practice	19 Age Group Teams 6:00-9:00	20 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30	21 13/15 AG Team 5:30-8:30 18/19 AG Team 6:00-9:00	22	23 Age Group Teams 9:00-1:30 Intermediates 11:00-12:30
24 13/15, JR & SR Association Meet @ Hamden	25 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30	26 Age Group Teams 6:00-9:00	27 Training Team 5:00-6:30 Intermediates 5:00-7:00 Small Routines 5:00-7:30	28 13/15 AG Team 5:30-8:30 18/19 AG Team 6:00-9:00	29	30 Age Group Teams 9:00-1:30 Intermediates 11:00-12:30