



2019 East Zone Jr./Sr. Championships

March 8-10

Cheektowaga, NY

SPONSORED BY:: The Swimkin Synchronized Swimming Association
SANCTIONED BY: United States Synchronized Swimming
RULES TO GOVERN United States Synchronized Swimming 2019 Official Rules East Zone Synchronized Swimming Handbook

FACILITY: Maryvale High School
1059 Maryvale Dr., Cheektowaga 14225
Free Parking

TEAM BANNERS: Hang at your own discretion
SPECTATORS: No food in pool area or balcony, Food sold in Cafeteria
LOCKER ROOMS: Assigned by Team – look for signs
Please use locker rooms for changing & showering only
Keep swim bags on deck on balcony side.

PREMILINARY EVENTS:

Junior - Tech Solo, Tech Duet, Tech Team, Free Solo, Free Duet and Free Team
Senior - Tech Solo, Tech Duet, Tech Team, Free Solo, Free Duet and Free Team.
If less than 12 Senior routines are entered in any category Senior Preliminary competition in that category will be eliminated.
Senior/Junior - Free Combination Event
All Junior swimmers must enter Tech Routine in each event they compete except Combo. Senior swimmers may enter just Tech or just Free Routine or both.

FINAL EVENTS:

Junior - Solo, Duet and Team: 12 highest scoring entries (combined tech and Preliminary free routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

Senior - Free Solo, Tech Solo, Free Duet, Tech Duet Free Team and Tech Team: 12 highest scoring entries (Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

Senior/Junior - Free Combination Event: 12 highest scoring entries (Preliminary routine scores) shall qualify for the Final routine competition #13 is pre-swimmer

AWARDS Medals will be given for places 1-3, Ribbons 4-12 in each event. Senior routines will receive separate awards in Free and Tech categories

CONCESSIONS: A variety of food will be available for purchase throughout the meet. Merchandise will also be available.

KIM MILLER SCHOLARSHIP RAFFLE:

Basket Raffle to benefit the Kim Miller Scholarship.