

**2015 Dual State Association  
Intermediate and 12&U Age Group  
Saturday, April 25**

8:00			Doors Open
8:30			Coaches & Officials Meeting (on deck)
8:45	8:50		Lap Swim - All Intermediate Trios
8:50	9:05		Warm Up - All Intermediate Trios
9:10	9:30		Trio Competition (6)
9:35	9:40		Lap Swim - All Intermediate and 12&U AG Duets
9:40	10:10		Warm Up- All Intermediate and 12&U AG Duets (1/2, 1/2)
10:15	10:55		Duet Competition (8, 4)
11:00	11:05		Lap Swim - All Intermediate and 12&U AG Solos
11:05	11:20		Warm Up - All Intermediate and 12&U AG Solos
11:25	12:00		Solo Competition (9, 4)
12:00	12:20		Break - set up for figures
12:20	12:25		Lap Swim - All Intermediate & 12&U AG Figures
12:25	12:55		Figure Warm Up - 1/2 and 1/2
1:00	3:00		Intermediate and 12&U AG Figure Competition (60)
3:00	3:15		Break - set up
3:15	3:20		Lap Swim - Intermediate & 12&U AG Teams
3:20	3:40		Team Spacing
3:45	4:15		Team Competition (7, 1)
			Awards

*Events will move up if time allows*

Awards will begin when locker rooms are clean

**2015 Dual State Association  
13/15, 16/17, 18/19 Age Group  
Sunday, April 26**

8:00			Doors Open
8:30			Coaches & Officials Meeting (on deck)
8:45	8:50		Lap Swim - 13/15 Figures
8:50	9:05		Warm Up - 13/15 Figures
9:10	10:30		13/15 Figure Competition (41)
10:35	10:40		Lap Swim - 16/19 Figures
10:40	10:55		Warm Up - 16/19 Figures
11:00	12:00		16&O Figure Competition (28)
12:00	12:20		Break - set up for routines
12:20	12:25		Lap Swim - 13/15, 16/17, 18/19 Solos
12:25	12:40		Warm Up - 13/15, 16/17, 18/19 Solos
12:45	1:20		Solo Competition (5, 5, 1)
1:25	1:30		Lap Swim - 13/15, 16/17, 18/19 Duets
1:30	1:45		Warm Up - 13/15 Duets
1:45	2:00		Warm Up - 16/17, 18/19 Duets
2:05	2:50		Duet Competition (7, 4, 1)
2:55	3:00		Lap Swim - 13/15, 16/19 Combos & All Teams
3:00	3:15		Combo Spacing
3:20	3:40		Combo Competition (2, 2)
3:45	4:05		Team Spacing
4:10	4:45		Team Competition (4, 2, 1)
			Awards

*Events will move up if time allows*

Awards will begin when locker rooms are clean