

2010 East Zone Championship

March 5 – 7, 2010

Albany, NY

PRE-MEET ANNOUNCEMENT

FACILITY

SUNY Albany
1400 Washington Avenue
Physical Education B-104
Albany, NY 12222

POOL SPECS

Length: 25 Yards
Width: 6 Lanes
Depth: 12 ft. Deep end, 4 ft. Shallow end, long deep end
Distance of water from deck level: 12 inches
Type of Pool; Entry: Deep end, spectator seating in balcony surrounding
(Facility diagram to be sent with final meet announcement)

HOST HOTELS

Holiday Inn Express

1442 Western Ave.
Albany, NY 12203
(518)438-0001
East Zone Synchro
\$109 includes breakfast buffet

Comfort Inn and Suites

99 Miller Rd.
Castleton, NY 12033
(518)694-5561
East Zone Sr. Zones
\$99 includes breakfast buffet

AIRPORT

Albany International Airport

GROUND

All major rental car companies available.

TENTATIVE SCHEDULE

Based on meet entries, the Meet Host, in consultation with the Tech Chair, may adjust the schedule, including changing the day of scheduled events.

Fri. March 5 – Solo, Duet, and Trio Preliminaries, Solo Semifinals

Sat. March. 6 –Duet, Team and Trio Semifinals (Figures may be held)

(zone meeting will be held at the Holiday Inn at 7 pm)

Sun. March 7 – Figures & split testing, Trio, Duet, Solo, Team Finals

QUALIFYING

Ages 13 & Over*

Preliminaries minimum score:

Solo 73.00

Duet 72.00

Trio 70.00

Team Open

Semi-finals minimum score

Solo 78.00

Duet 77.00

Trio 76.00

*IMPORTANT

Please note that ANY routine that has 13 and/or 14-year-old members will NOT be eligible to qualify for U.S. Nationals.

SEEDING TO SEMIFINALS

1. Solo, Duet and Trio finalists (1-8) from the 2009 East Zone Championships
2. Solo, Duet and Trio Winner (1st place) from the 2009 & 2010 East Zone Junior Championships.