

# Hamden Heronettes Synchronized Swim Team

Anna 203-535-4520 Patty 203-671-4623

# June 2019

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2 Age Group 6:00-8:30	3 Land All Swimmers Hamden High 5:30-7:30	4 Age Group 5:00-7:30 Intermediates 5:00-7:00 Kylie, Elle & Gigi 7:00-7:30	5	6 Age Group 5:00-7:30 Intermediates 5:00-7:00 Kyra, Beatrice, Sam, Maddie, Scarlett & Lydia: 7:00-7:30	7 <b>East Zone Intermediate Championships Phoenixville, PA</b>	8 <b>East Zone Intermediate Championships Phoenixville, PA</b>
9 Age Group 6:00-8:30	10 Land All Swimmers Hamden High 5:30-7:30	11 Age Group 5:00-7:30 Intermediates 5:00-7:00 Kylie, Elle & Gigi 7:00-7:30	12	13 <b>Watershow Rehearsal 5:00-7:30</b>	14 <b>Watershow Hamden Hall Natatorium (arrive at pool 5:00pm with hair knocked)</b>	15 <b>Watershow Hamden Hall Natatorium (arrive at pool at 6pm knocked)</b>
16 <b>No Practice</b>	17 Land Age Group Swimmers Hamden High 5:30-7:30 Intermediates 5:30-6:30 (optional)	18 Age Group 5:00-7:30	19 <b>Hamden Heronettes Banquet 6:00 Eli's on Whitney</b>	20 Age Group 5:00-7:30	21	22
23 Age Group 6:00-8:30	24 Water Practice at East Haven Pool Age Group Swimmers Hamden High 5:00-7:30	25 Age Group 5:00-7:30	26	27 Age Group 5:00-7:30	28 Age Group Leave for JO's	29
30 JO's 13-15 Team Preliminary Competition	July 1	2	3 JO's 16-19 Combo Competition	4 JO's 16-17 Free Duet Preliminary Competition	5 JO's 16-17 Tech Duet Competition	6