



2016 U.S. Synchronized Swimming JUNIOR OLYMPICS

June 24 – July 2

Nassau County Aquatic Center – Long Island, NY.

PRE-MEET ANNOUNCEMENT

COMPETITION DATES	June 25 through July 2	Practice Day - June 24
MEET MANAGER (S)	Jennifer Rothman Phone Number: 631-951-3900 E-mail: jrothman@discoverlongisland.com	
FACILITY	Nassau County Aquatic Center Eisenhower Park East Meadow, NY. 11554	Facility Manager: Jim Muessig Email: jmuessig@nassaucountyny.gov
POOL SPECS	Indoor Pool Length: 68 meters with three joined bulkheads Competition Length – 30m from entry Width: 25 meters Entry: From three bulkheads (12' width) Depth: 10' at bulkheads sloping to 8' at lane line marker Deck to water's surface: 6", 12" from bulkhead to water Seating: Elevated balcony for 1,700 spectators, bleachers on deck for athletes Detailed diagram to be provided with Final Meet Announcement	Practice Space Lane line marker to shallow end of pool, 8 Lap Lanes Dive end of pool to bulkheads, 6 Lap Lanes (All Deep)
SPONSOR	Long Island Sports Commission	
HOUSING		



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We are excited to be partnering with Team Travel Source this season! **Clubs must book their hotel rooms with Team Travel Source.** Team Travel Source has secured the lowest hotel rates for USA Synchro members for all National championships. You will not only get the best hotel rates and a full summary of your booking, but you will also support USA Synchro and the meet host in organizing the best championships for you!!

TO BOOK ROOMS FOR 2016 U.S. JUNIOR OLYMPICS - - [CLICK HERE!](#)

AIRPORT (S)	LaGuardia Airport (LGA) – Approximately 22.3 miles from pool John F. Kennedy International Airport (JFK) - Approximately 16.9 miles from pool Long Island MacArthur Airport (ISP) – Approximately 32.0 miles from pool (Services Southwest, Allegiant, American Airlines) Newark Liberty International Airport (EWR) - Approximately 49.9 miles from pool (New Jersey airport)
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As a member of USA Synchro you are eligible to receive discount flights to USA Synchro sanctioned events on United Airlines. Book now by calling the United Olympic Desk at 1-800-841-0460 and receive up to 10 percent off the retail fare price.

**GROUND
TRANSPORTATION**

All major rental car companies are available at each airport.

**TENTATIVE
SCHEDULE**

Friday	June 24 - 12 & under Registration/ Team check-in, 12 & under Team Practice with music.
Saturday	June 25 - 12 & under Figures, 13 - 15 Duet Preliminary, 12 & under Duet Preliminary.
Sunday	June 26 - 13 - 15 Team Practice with music, 12 & under Team Preliminary, 13 - 15 Team Preliminary, 12 & under Solo Final.
Monday	June 27 - 13 - 15 Figures, 12 & under Duet and Team Finals.
Tuesday	June 28 - 13 - 15 Free Combination Practice with music, 13 - 15 Solo, Duet and Team Finals, 16 - 19 Free Combination Practice with music, 13 - 15 Free Combination Preliminary.
Wednesday	June 29 - 16 - 19 Free Combination Preliminary, 16 – 17 Duet Preliminary, 13 - 15 Free Combination Final, 18 – 19 Team Practice with music.
Thursday	June 30 - 16 - 17 Team Practice with music, 16 - 19 Figures, 16 - 19 Free Combination Final
Friday	July 1 - 16 - 17 Team Preliminary, 18 – 19 Duet Preliminary, 18 – 19 Team Preliminary.
Saturday	July 2 - 16 – 17 and 18 - 19 Solo, Duet and Team Finals.