



2013 Region A Championships

May 17-19, 2013

New Canaan YMCA – New Canaan, CT



OFFICIAL MEET ANNOUNCEMENT

MEET MANAGER: Krista Bessinger
594 South Avenue
New Canaan, Ct 06840
(203)-966-4528

FACILITY: New Canaan YMCA
594 South Avenue
New Canaan, Ct 06840
(203)-966-4528

POOL SPECS: **Length:** 40yds with bulkhead placed at 25yds
Width: 6 lanes (approx. 15yds)
Depth: 12' to 4'
Entry: Diving well, 12" from deck to water
Spectator seating: on right diving toward shallow end.

SOUND SYSTEM: BOSE

RULES TO GOVERN: United States Synchronized Swimming 2013 Official Rules

EVENTS: Intermediate trio, duet, solo, team (10/U, 11/12, 13/O)
Age group trio, duet, solo, team (10/U, 11/12, 13/15, 16/17, 18/19)

FIGURES: Intermediate & 10&U and 11/12 Age Group
101R/L Ballet Leg, Single, right or left 1.6
360 Walkover, Front 2.1
355 Porpoise, 1.9
401 Swordfish, 2.0

13/15 Age Group
420 Walkover, Back 2.0
355e Porpoise, Spinning 360 2.1
340 Albatross, 2.2
345 Reverse Catalina, 2.1

16/17 & 18/19 Age Group
313 Kip, Split Closing 180 2.5
112f Ibis, Continuous Spin (720) 2.8
355b Porpoise Full Twist, 2.5
150 Knight, 3.1



2013 Region A Championships

May 17-19, 2013

New Canaan YMCA – New Canaan, CT



ENTRIES:

Form A Official Entry Form

Please Attach Proof of USSS Registration

Form B Entry Fee Summary

Form C Host Fee summary

Form E Officials Availability form

- Please send officials availability form to Krista Bessinger electronically no later than May 3, 2013 at kbessinger@newcanaanymca.org

ENTRY DEADLINE: **May 3, 2013** use postal form #3817 to verify mailing.

ENTRY FEES: Routines: \$8 / person / event; Sponsor fee: \$12 per person

EMAIL or MAIL

FORM A TO **BOTH**:

Krista Bessinger
564 South Ave.
New Canaan, CT 06840

kbessinger@newcanaanymca.org

Chas Collett
28 Cobblestone Dr.
Hamden, CT 06518

chas.collett@comcast.net

EMAIL and MAIL

FORMS B and C to:

Krista Bessinger
594 South Avenue
New Canaan, Ct 06840

kbessinger@newcanaanymca.org

EMAIL FORM E TO

OFFICIALS CHAIR:

Krista Bessinger

kbessinger@newcanaanymca.org

AWARDS: Medals for place 1-3, ribbons place 4-8 in each event.

OFFICIALS: White tops, black bottoms

PROGRAMS: Will be available for purchase

BANNERS: Hand in at registration

LOCKER ROOMS: Boys locker room in the back of the Y. Please do not use the front locker rooms.

GEL STATION: Will be provided in gym.

CONCESSIONS: Will be for sale in the gym for both days of competition.

PARKING: At Saxe Middle School (signs will be posted)